

# St Benedict's Parish Arcadia



**FOURTH SUNDAY OF LENT**  
**YEAR C**  
**29 & 30 MARCH 2025**  
**LAETARE SUNDAY**



The Lost Son Returns  
Luke 15:11-32

## PARISH MASS TIMES

### Weekends:

Saturday 7:00pm Vigil  
Sunday 9:00am  
Sunday 10:30am



### Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Stations of the Cross  
7:00pm Mass & Confession  
(Reconciliation)

Saturdays 9:00am to 10:00am  
Adoration & Confession (Reconciliation)

## MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

**Parish Priest:**  
**Fr Shansana 0437 884 233**



## ENTRANCE PROCESSION

Rejoice, Jerusalem, and all who love her.  
Be joyful, all who were in mourning;  
exult and be satisfied at her consoling breast.

## SUNDAY HOLY MASS PRAYER

O God, who through your Word  
reconcile the human race to yourself in a wonderful way,  
grant, we pray,  
that with prompt devotion and eager faith  
the Christian people may hasten  
toward the solemn celebrations to come.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

## SELF REFLECTION: FORGIVENESS

In Luke 15:1-3, 11-32, the parable of the Prodigal Son reminds me of God's boundless love and forgiveness. I am encouraged to return to Him, no matter how far I've strayed, knowing I will always be welcomed with open arms. It also challenges me to show grace to others, celebrating their return or growth instead of harbouring judgment or resentment.

- **Am I willing to return to God, no matter how far I've strayed?**
- **Do I celebrate others' growth and forgiveness, or feel resentment?**
- **How can I show more grace and compassion in my relationships?**



Lord,

**Thank You for Your boundless love and forgiveness. Help me to return to You with a humble heart whenever I stray. Teach me to show grace to others, celebrating their growth and redemption. May I live with compassion and a spirit of forgiveness, just as You have forgiven me. Amen.**

**First Reading: Joshua 5:9-12 (Year C) (JB)**

A reading from the book of Joshua

*The people of God went to the promised land and there kept the passover.*

The Lord said to Joshua, 'Today I have taken the shame of Egypt away from you.'

The Israelites pitched their camp at Gilgal and kept the Passover there on the fourteenth day of the month, at evening in the plain of Jericho. On the morrow of the Passover they tasted the produce of that country, unleavened bread and roasted ears of corn, that same day. From that time, from their first eating of the produce of that country, the manna stopped falling. And having manna no longer, the Israelites fed from that year onwards on what the land of Canaan yielded.

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R. Taste and see the goodness of the Lord.**

**Second Reading: 2 Corinthians 5:17-21 (Year C) (JB)**

A reading from the second letter of St Paul to the Corinthians

*God reconciled us to himself through Christ.*

For anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here. It is all God's work. It was God who reconciled us to himself through Christ and gave us the work of handing on this reconciliation. In other words, God in Christ was reconciling the world to himself, not holding men's faults against them, and he has entrusted to us the news that they are reconciled. So we are ambassadors for Christ; it is as though God were appealing through us, and the appeal that we make in Christ's name is: be reconciled to God. For our sake God made the sinless one into sin, so that in him we might become the goodness of God.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

**Glory and praise to you, Lord Jesus Christ!**

**I will rise and go to my Father and tell him:**

**Father, I have sinned against heaven and against you.**

**Glory and praise to you, Lord Jesus Christ!**

**GOSPEL: Luke 15:1-3, 11-32 (Year C) (JB)**

A reading from the holy Gospel according to Luke

*Your brother here was dead and has come to life.*

The tax collectors and the sinners were all seeking the company of Jesus to hear what he had to say, and the Pharisees and the scribes complained. 'This man,' they said, 'welcomes sinners and eats with them.' So he spoke this parable to them:

'A man had two sons. The younger said to his father, "Father, let me have the share of the estate that would come to me." So the father divided the property between them. A few days later, the younger son got together everything he had and left for a distant country where he squandered his money on a life of debauchery.

'When he had spent it all, that country experienced a severe famine, and now he began to feel the pinch, so he hired himself out to one of the local inhabitants who put him on his farm to feed the pigs. And he would willingly have filled his belly with the husks the pigs were eating but no one offered him anything. Then he came to his senses and said, "How many of my father's paid servants have more food than they want, and here am I dying of hunger! I will leave this place and go to my father and say: Father, I have sinned against heaven and against you; I no longer deserve to be called your son; treat me as one of your paid servants." So he left the place and went back to his father.

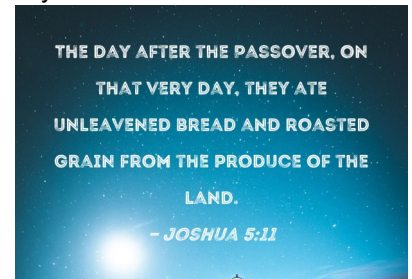
'While he was still a long way off, his father saw him and was moved with pity. He ran to the boy, clasped him in his arms and kissed him tenderly. Then his son said, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son." But the father said to his servants, "Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Bring the calf we have been fattening, and kill it; we are going to have a feast, a celebration, because this son of mine was dead and has come back to life; he was lost and is found." And they began to celebrate.

'Now the elder son was out in the fields, and on his way back, as he drew near the house, he could hear music and dancing. Calling one of the servants he asked what it was all about, "Your brother has come" replied the servant "and your father has killed the calf we had fattened because he has got him back safe and sound." He was angry then and refused to go in, and his father came out to plead with him; but he answered his father, "Look, all these years I have slaved for you and never once disobeyed your orders, yet you never offered me so much as a kid for me to celebrate with my friends. But, for this son of yours, when he comes back after swallowing up your property - he and his women - you kill the calf we had been fattening."

'The father said, "My son, you are with me always and all I have is yours. But it was only right we should celebrate and rejoice, because your brother here was dead and has come to life; he was lost and is found."

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**



**GOSPEL REFLECTION**  
**Sunday March 30, 2025**  
**Luke 15:1-3, 11-32 (Year C)**

**Catechism Theme: The Sacrament of Second Chances**

The Sacrament of Reconciliation or Penance is a sacrament of second chances. Also known as the sacrament of conversion, confession, or penance, the Sacrament of Reconciliation forgives sins committed after Baptism. We can sin after Baptism, for sin hurts God (it denies God's honour and love), ourselves (it denies our dignity as children of God), and other people (the Church). (1487)

In spite of sin, God continually calls us back. How? God leads us back to himself and to the Church through his grace. This movement is called repentance or conversion; it consists of sorrow for past sins committed and a firm promise not to sin in the future. (1489, 1490) There are two types of repentance:

If repentance is based upon a love for God, it is called "perfect contrition"; such contrition forgives mortal sins if the intention to receive the sacrament of reconciliation (as soon as reasonably possible) is present. (1492, 1459)

If repentance is based upon other reasons (fear or guilt), it is called "imperfect contrition." (1492)  
The sacrament of reconciliation consists of a penitent's actions and the priest's absolution. The penitent's actions are: repentance (an examination of conscience and true sorrow for sins committed). Confession of sins to the priest. The intention to repair damage done and actions to repair such damage. (1486, 1491)

The sacrament allows the penitent the chance for self-honesty, spiritual counselling, and the opportunity to right past wrongs. In the absolution, the priest recognizes the process of conversion in the penitent, and declares it complete. Indeed, sin has been forgiven.

*How have you celebrated conversion this Lent? How have you encouraged those around you to do the same?*

The story of the Prodigal Son was as much a story of transition as it was of second chances. Let us remember that second chances are invitations to transition; let us consider the importance of celebrating second chances. Christianity is a lifelong celebration of second chances, not a presumption of God's mercy. That is why we have the Sacrament of Reconciliation, a chance to wipe the spiritual slate clean, a chance to start anew as a child of the Father.

*How long has it been since you received the Sacrament of Reconciliation? Make plans to celebrate the sacrament this week.*

Source: [www.word-sunday.com](http://www.word-sunday.com)

**LITURGICAL FEASTS AND EVENTS OF THE WEEK**

**MARCH**

Monday 31 Readings: Is 65:17-21. Jn 4:43-54.  
**R:** I will praise you, Lord, for you have rescued me.

**APRIL**

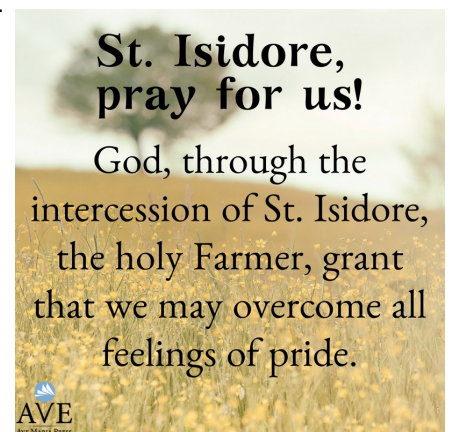
Tuesday 1 Readings: Ezek 47:1-9, 12. Jn 5:1-3, 5-16.  
**R:** The mighty Lord is with us; the God of Jacob is our refuge.

Wednesday 2 Readings: Is 49:8-15. Jn 5:17-30.  
**R:** The Lord is kind and merciful.  
**St Francis of Paola, hermit**

Thursday 3 Readings: Ex 32:7-14. Jn 5:31-47.  
**R:** Lord, remember us for the love you bear your people.

Friday 4 Readings: Wis 2:1, 12-22. Jn 7:1-2, 10, 25-30.  
**R:** The Lord is near to broken hearts.  
**St Isidore, bishop, doctor.**

Saturday 5 Readings: Jer 11:18-20. Jn 7:40-52.  
**R:** Lord, my God, I take shelter in you.  
**St Vincent Ferrer, priest.**



Source: *Ordo 2025*



**POPE FRANCIS' PRAYER INTENTION FOR APRIL 2025**

**For the use of the new technologies**

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

## REST IN PEACE

It is with great sadness we announce the passing of:



**PELLEGRINO VACCARRELLA**



Funeral details to be advised.

*Eternal Rest grant to him O Lord,  
And let the Perpetual light shine upon him,  
May he Rest in Peace.  
Amen*

*Our prayers and thoughts are with Caterina and family during this difficult time.  
May God comfort you all and grant you peace.*

## CHILDREN'S MASS

**NEXT SUNDAY 5/4/2025 10.30AM**

## PARISH E-BULLETIN

The Parish is offering the Parish bulletin electronically in addition to the printed version.

If you would like to receive the bulletin by email, please send your email address to the parish office at: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

Remember, the bulletin is also available weekly on the Parish website and Facebook page.

## MGL SISTERS RETREAT 2025 CARMEL HOUSE

### Behold

A day to reflect on the incredible gift offered to us through the life, death and resurrection of Jesus, and allow God's love and mercy to bring new life.

Saturday 26 April 2025 9:00 AM - 3:00 PM

Our Lady of Mt Carmel Parish  
193 St Andrews Rd,  
Varroville NSW 2566

[Behold Day Retreat Tickets, Our Lady of Mt Carmel Parish, Varroville, Varroville | TryBooking Australia](#)

## BIRTHDAY WISHES

FR MICHAEL KELLY - APRIL 1



Wishing Father Michael Kelly a very happy birthday on April 1st! May God bless you abundantly on your special day and always. Your dedication and service are a true blessing to all of us. Enjoy your day, Father, and may this year be filled with joy, peace, and continued grace. Happy Birthday!

## PIETY SHOP NEWS

### PARISH PIETY SHOP HOURS

The Parish Piety Shop is open every Sunday. Additionally, it opens on the first Saturday night of every month and the first Sunday of each month, after the 7:00 AM Monastery Mass.

Easter cards are now available! Exciting Easter stock are slowly coming in. Please come have a look!

## SACRED HEART OF JESUS STATUE INSTALLED AT ST BENEDICT'S ARCADIA

We are delighted to announce the installation of a statue of the Sacred Heart of Jesus in our parish on Friday the 4th of April 2025. This project began with a request from members of our church community, was discussed by the Parish Pastoral Council, and shared with the Diocese.

The Sacred Heart of Jesus is a powerful symbol of Christ's love and mercy. Its installation is especially meaningful as Pope Francis' latest encyclical, *Dilexit Nos*, reflects on the Sacred Heart as a sign of God's love for us all.

We invite everyone to take a moment in prayer before the statue, entrusting their hearts to Jesus and His infinite love.

## STATIONS OF THE CROSS



Join us for the Stations of the Cross on:

**Wednesdays:** 9:00 AM, followed by Mass at 9:30 AM

**Fridays:** 6:30 PM, followed by Mass at 7:00 PM

We look forward to journeying through this sacred season together in prayer and reflection at the Parish Church.

## In Our Parish

*(please let us know if you would like someone added here)*

**We welcome into God's family, all who were recently baptised.**

**We pray for the sick of our Parish, especially *Charlie Micallef, Brother Mario, Father Alberic.***

**We remember in our prayers all our dearly beloved who have died:**

***Pellegrino Vaccarrella, Najm Azzi, Waffa Moussa, Carmel Russo, Margaret McKinley, Joe Guiana, Vanessa Papandrea, Biagio Abignano, Phil Dailey, Brother Peter Hancock, Brother Terry, Colleen Bennett & Helen Facione.***

**~ May they rest in Peace.**



## VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



**GUIDO SCOTTI**

The Volunteer of the Week award goes to Guido Scotti. Guido took the time to burn last year's palm branches, which are used to create the ashes for Ash Wednesday. This is an important tradition that helps prepare the church for the start of Lent. By doing this, Guido played a key role in making sure the service could take place smoothly and meaningfully. His effort is a wonderful example of giving back to the community, and we appreciate his dedication.

### LENTEN PROGRAM

**Benigna Cascun is hosting a Lenten Program in her home:**

726a Old Northern Road, Dural.  
Every Wednesday night commencing  
12th March 2025  
Time 7.00pm  
**Led by Gebran Azzi.**

**Miriam Brown is hosting a Lenten Program at the Parish meeting room:**

2 Fagans Road, Arcadia.  
Every Wednesday afternoon commencing  
12th March 2025  
Time: 1.00pm  
**Led by Miriam Brown**

*Everyone is invited to attend and deepen their faith during this season of Lent.*

## CATECHISTS' NEWS

In the Catholic Weekly a couple of weeks ago there was an article about "The Importance of Special Religious education in public schools" by John Donnelly as Chair of the Inter Church Commission on Religious Education in Schools (ICCOREIS).

John is also part of the Confraternity of Christian Doctrine (CCD) in our Diocese. John writes "At a time where religious intolerance appears to be on the rise here in NSW, a shining example of religious harmony and collaboration can be seen in Special Religious Education (SRE) in public schools.

SRE in public schools offer families with a faith-based worldview the unique opportunity for their children to be educated in their religion during school time."

This is our role as Catechists, which John goes on to say "This equates to a significant contribution to the education and spiritual well-being of hundreds of thousands of students in NSW public schools."

Free Ministry Induction training continues for all new Catechists. This week's topic is 'Introduction to the Bible' via Zoom.

Please continue to keep our Catechists and the students they teach, in your prayers. There are prayer cards at the church entrances you may wish to take home.

If you are interested in knowing more about becoming a Catechist or helper, please contact me or the parish office or one of our priests.

God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Co-ordinator



## ST BENEDICT'S YOUTH GROUP

- **Fridays SCHOOL TERM**
- Time: 4:00 PM - 5:30 PM
- Ages: 8-12 years old



If you are aged 14-16 and would like to help out, please email the parish office.

All our youth leaders have Working With Children Checks.

Thank you,  
Gabe & Jules!

## ST BENEDICT'S MAKER'S TABLE

At the Maker's Table workshop in April we will be playing with polymer clay.  
We will be making earrings or pendants.

Wednesday, April 2nd.  
7.30-9.30pm in the parish meeting room  
Cost: \$10 per participant.



RSVP by 1st April  
to [themakerstablesydney@gmail.com](mailto:themakerstablesydney@gmail.com) or Martine  
0458 533 250 / Nerida 0425-834-017

### ITALIAN ROSARY GROUP

Every **Monday 2.00pm.**  
Everyone welcome.



For more details call

Angela Egiziano on 9652 1358.

### CCC PRAYER GROUP



Prayer meeting held every  
**Wednesday morning:**  
after 9.30am Mass.

*Come and meet new people and have a cuppa!*

For more details call  
Mary Camilleri on 0403 116 987.

### CRAFT GROUP

The quilting and craft group will meet every **4th Tuesday** of the month at 10.30am in the parish meeting room.

Bring your craft and come and join us!

## SAINT OF THE WEEK

### Saint Francis of Paola, Hermit

Feast Day: April 2

C.1416-1507

**Patron Saint of boatmen, mariners, and naval officers**

Canonized by Pope Leo X on May 1, 1519



Francis' birth was an answer to a prayer for a child that his parents offered to Saint Francis of Assisi. While still an infant, Francis suffered from swelling of the eyes, endangering his sight. Francis' parents promised that if their baby were healed, they would entrust him to a friary for a year so he could be educated and formed in the faith. They fulfilled that promise when Francis was thirteen. At the friary, Francis' love of God and devotion to prayer and penance grew stronger. He faithfully lived out a friar's life then went on pilgrimage with his parents before returning home to Paola.

Because of his growing faith, Francis asked for and received his father's permission to live on part of the family property as a hermit. Later moving to a more remote location by the sea, Francis ate what he gathered from the land and what people would occasionally bring him. His bed was the ground, and his pillow a rock or log. He lived this life for six years, alone in peace and fulfillment.

When Francis was about twenty years old, two other young men joined him in the wilderness. The three men built small hermitages and a chapel in which a priest would offer Mass for them. The three engaged in a common life of prayer, penance, and solitude. In the years that followed, more joined them to live as hermits. Later, they built a larger church and monastery, and Pope Sixtus IV asked Francis to write down a rule of life and submit it for approval. First known as the "Hermits of Saint Francis," they were later called the "Order of Minims," or Minims friars. The name meant they were to be seen as the least of all the friars, with lowliness and humility as their central aim.

The newly established hermits attempted to inspire a revival of the practice of Lenten penance among the faithful by practicing a perpetual Lent themselves. They limited their diet to plants, refraining from meat and eggs, as well as from everything derived from animals. This fast became a fourth vow of the order, in addition to poverty, chastity, and obedience.

Francis of Paola performed miracles, read minds, and spoke prophetically. One day Francis was on a journey to Sicily and was hungry. He met some poor men looking for work and asked them for food, but they had none. Francis told them to look in their bags, where they found freshly baked bread that multiplied as they ate it. Francis is also said to have raised the dead; healed the sick and crippled; averted plagues; expelled demons; and spoken prophetically to bishops, popes, and kings.

Though many sought his counsel, Francis continually proclaimed that all he did was done "out of love." Love, the pure and holy love of charity, was the sole purpose of his life.

At the age of ninety-one, Francis sensed death was coming for him, so he returned to complete solitude for his final three months. On Holy Thursday he went to confession, received Holy Communion, and prayed in preparation for death. Death came for him on Good Friday, April 2, 1519. Twelve short years later, Pope Leo X canonized Francis a saint.

*Saint Francis, the closer you grew to God, the more radical your daily life became. Your radical life became your ordinary way to holiness. Please pray for me that I may live a life so completely given over to God that this total self-giving becomes my ordinary way of life. Saint Francis of Paola, pray for me. Jesus, I trust in You.*

Source: mycatholic.life

## DIVINE MERCY SUNDAY 27TH APRIL

You are invited to celebrate Divine Mercy Sunday at:

**St Agatha's Pennant Hills** on Sunday the 27<sup>th</sup> of April:

**1:00pm Confessions will commence and be available for the whole afternoon.**

**1:30pm: Welcome, Rosary, Act of Entrustment to Our Lady, Prayers for the Pope.**

**2:00pm: Mass.** Jesus said: "The soul that will go to confession and receive holy communion (in a state of grace on this day) shall obtain complete forgiveness of sins and punishment."

**3:00pm: Adoration and Recitation of the Divine Mercy Chaplet.** Jesus said: "Whoever will recite it will receive great mercy at the hour of death".

**3:45pm: Benediction and Veneration of the Divine Mercy Image.** Jesus said: "The soul that will venerate this image will not perish."

Enquiries: Church Office 9484 1427 or Therese 9651 3028.





## YOUTH LEADERS IN ACTION



If you are between **Year 10 and under 25 years old** and passionate about building a more inclusive, respectful, and just world, this free event is for YOU!

Be a part of this incredible opportunity! This isn't just an event, it's a movement to empower young changemakers to take action on critical social justice issues, connect with like-minded peers, and gain the skills needed to create lasting change.

### Here's why this event is unmissable:

- **Engage in social justice** – Participate in workshops on climate justice, global poverty, truth-telling & reconciliation, interfaith, and more.
  - **Dynamic speakers and workshop facilitators** – Hear from passionate youth leaders and a keynote speaker who will ignite a desire to act.
  - **Take action** – Walk away with practical steps to make a real impact in your community.
- Great environment** – Enjoy fun, food, music, and meaningful conversations with other young people.

#### Important Details:

**Date:** Tuesday, 20 May 2025

**Time:** 4:00 PM – 7:30 PM

**Location:** St Vincent's College, Ashfield

**Cost:** FREE!

Register today via the QR code secure spots for your group.



## JUBILEE YEAR 2025

### Jubilee of the Missionaries of Mercy 28-30 March

***The Jubilee of the Missionaries of Mercy recognises those who work to spread mercy throughout the world.***

The Jubilee of the Missionaries of Mercy, held from March 28-30, is a special event focused on celebrating the work and mission of the Missionaries of Mercy. These missionaries, appointed by the Pope, are priests and religious who have been given the authority to forgive sins in extraordinary circumstances, particularly those that involve serious matters of the faith. The Jubilee marks a time of reflection, prayer, and thanksgiving for the special role these missionaries play in offering God's mercy and reconciliation to others.

During the Jubilee, Missionaries of Mercy gather to renew their commitment to spreading God's mercy, sharing the Gospel, and offering healing to those who are seeking forgiveness. It is a time to reflect on the mercy that God offers to all, and to renew one's own mission to serve others with compassion, love, and understanding. This event also highlights the importance of forgiveness, not just in the sacrament of confession, but as a core message of Christian life. It's an opportunity for participants to come together in community, strengthening their faith and commitment to mercy and reconciliation.

## PROJECT COMPASSION SUNDAY - 29 & 30 March 2025

**Irene** lives in a remote village in the Kongolo Region in the Democratic Republic of the Congo (DRC). Life hasn't been easy for Irene. After losing her father in a war, Irene and her family were forced to flee their home. Life became even more challenging when her husband left, leaving Irene to raise her 2 children alone. Without finishing her education and with few job opportunities in her village, she struggled to provide even the basics for her family.

Things began to change when Irene joined the Youth Capacity Strengthening Program (YCSP), run by Caritas Kongolo with the support of Caritas Australia. Through the program, Irene learned sewing skills and was provided with a sewing machine and fabric. Irene also gained farming skills. Now, she grows enough food to feed her family and even shares her sewing knowledge by mentoring other women in her community.

"Before, women depended on men's income, but now, with our sewing skills, we can take care of ourselves," Irene said.

Photo credit: Caritas Australia

Please donate today.



You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above. **Or online at:** [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) **Or by calling:** 1800 024 413 413.

# Parish Roster

**PLEASE JOIN US FOR MORNING TEA  
AFTER THE 9AM MASS**

## NEXT WEEKEND'S ROSTER

**5/4/2025 TO 6/4/2025  
FIFTH SUNDAY OF LENT - YEAR C**

	<b>SATURDAY 7.00pm</b>	<b>SUNDAY 9.00am</b>	<b>SUNDAY 10.30am</b>
<b>Acolyte</b>		Paul C	Paul E
<b>Reader1</b>	Mary C	Lorraine D	<b>CHILDREN</b>
<b>Reader2</b>	Miriam B	Mary C	<b>CHILDREN</b>
<b>Prayers</b>	Maria G	Kath M	<b>CHILDREN</b>
<b>TV</b>		Nigel M	Trey O'C
<b>Music</b>		Melanie H	Karina S
<b>Music</b>		Theresa N	John T
<b>Music</b>		Jack/Adam	Noelle T
<b>Music</b>			
<b>Morning Tea</b>		Sophie R	Robin B
<b>FLOWERS</b>	<i>No flowers</i>	<i>during lent</i>	



**Thank you to all our wonderful volunteers,  
we really appreciate it!**

### ACKNOWLEDGMENT

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

### SAFEGUARDING MISSION STATEMENT

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.*

**For all parish OH&S and Safeguarding Children matters Contact:  
Lorraine Dailey on 0416 081 882.**

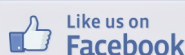
## PARISH OFFICE HOURS:

**Mondays & Fridays: 9.30am to 2.30pm**  
*(School holidays only open Fridays)*

**Parish Office:** 02 9653 2312  
**Address:** 2 Fagans Road, Arcadia 2159  
**Email:** arcadia.parish@bbcatholic.org.au  
**Website:** www.bbcatholic.org.au/arcadia

**Parish Priest:** Fr Shansana Samarasinghe OSB  
**Email:** sanshanasamarasinghe@yahoo.com  
**After hours:** 0437 884 233

**Facebook:** stbenedictsarcadia



## MONASTERY CHAPEL

### Liturgy of the Hours

*"Seven times a day I will praise you" Psalm  
119:164*

The liturgy of the hours is a set of prayers (psalms, hymns, readings and other prayers). It is recited in the Monastery Chapel daily at the following times:

**5.45am** Office of Readings  
**6.30am** Morning prayer - Lauds  
**12.45pm** Midday prayer  
**6.00pm** Evening prayer - Vespers  
**8.00pm** Night prayer - Compline

ALL are welcome to attend any time.

## HOLY WEEK 2025



### Palm Sunday – 13th April

Monastery - 7.00am  
Parish Church - 9.00am and 10.30am  
Latin 4.30pm

### Holy Thursday 17th April

Parish Church only - 7.30pm



### Stations of the Cross - Good Friday 18th April

Parish Church - 10.30am



### Passion of the Lord - Good Friday 18th April

Parish Church - 3.00pm

### Easter Vigil - Holy Saturday 19th April

Parish Church - 7.30pm



### Easter Sunday - 20th April

Monastery - 7.00am  
Parish Church - 9.00am  
Latin 10.30am

## DID YOU KNOW...



Over the three-year Liturgical calendar (Years A B & C) we read through almost 80% of the Bible.



**MONASTERY:** 02 9653 1159  
121 Arcadia Rd, Arcadia 2159

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